

Pre-Operative Instructions:

- Avoid alcoholic beverages 24hrs prior to surgery. Alcohol increases bleeding risk and can alter the effects of the anesthesia you will receive the day of surgery.
- DO NOT eat or drink ANYTHING 8 hours prior to surgery. Any medications that you have been instructed to take should be taken with a sip of water and should be taken as early as you can before your procedure.
- A responsible adult must accompany you to your appointment, stay throughout the duration of the procedure, and be prepared to assume responsibility for your wellbeing and drive you home once the procedure is complete. A responsible adult should also be prepared to stay with you and care for you once you are home.
- Minors may come to your appointment; however, they cannot be responsible for you, and a separate legal guardian must accompany them during your procedure.
- You should wear comfortable clothing. Compressions stockings are recommended for longer procedures.
- Also, for cases under deep sedation or general anesthesia you should wear an adult diaper as accidents can happen. It is also recommended that you bring an additional set of clothing in the event of an accident during your procedure.
- Remove contact lenses or bring a contact case to place your contacts in during your procedure.
- Brush, floss, and a good mouth rinse on the day of the procedure will help healing. Avoid swallowing mouth rinse and water during this process.
- Please arrive in time to fill out any additional paperwork and prepare for the procedure.
- If there are any changes to your medical history, medications, or if you have any new respiratory illnesses including cough, fever, shortness of breath, wheezing, or chills please call the office.